

# *Sudbury Fitness Challenge*



## *Sofie Manarin Nickel Loppet*

***Sunday January 24, 2010***

***7,14, "30" km***

***Dairy Queen Challenge***

***1&2 km***

***( classic only )***

***Southshore Rim Trail System- Stadium Building at Laurentian University***

***Registration: on line for 7,14,30 km [www.zone4.ca](http://www.zone4.ca) ( by Sat noon)***

***NO day of registration***

***Bib pick up: 8:30- 9:30 am Sun Jan 24th (closed at 9:30!!!-please we need to assign bibs)***

***Stadium building – Laurentian University***

***Start Time: Loppet 10:30 am***

***Dairy Queen Challenge 10:00 am***

***Awards: 1:00 all events***

***Entry Fees: Loppet \$20 / person***

***\$35 / family –both events***

***Dairy Queen Challenge NO registration on line for this age group***

***\$ 5 / entry***

***Super draw prizes wow!!! sponsored by The Outside Store***

***Prizes, Lunch , Medals, Waxing assistance***

Dean Mckessock Waddell 705-662-1813

Dean.waddell@investorsgroup.com