



**37th ANNUAL YORK UNIVERSITY OPEN
TRACK AND FIELD MEET
Saturday, February 2nd, 2008**



Location:

Toronto Track and Field Centre
York University, 4700 Keele Street
North York, Ontario, M3J 1P3

Facilities:

Banked 5-lane, 200 metre Ameritan PF Surface.
Separate 8-lane, 60 metre sprint strip Ameritan PF Surface.
Long Jump, Triple Jump and Pole Vault surfaces are Mondo.
Pin spikes may be worn (7mm). **Will be checked.**

Change rooms and showers are available. Athletes must provide their own locks and towels.

Street shoes may not be worn inside the field house. Only running shoes.

Eligibility:

Open to university and college students and **must** be entered by their institution. Also open to athletes who **are not** in high school and who have met the entry standards.

Entry Fee:

University or College: \$10 per event
\$20.00 per relay
\$350 school maximum
Open Athletes: \$10 per event
\$20.00 per relay
no club maximum

Payment in the form of Cash, Cheque or Money Order
(payable to York University)

ALL ENTRIES SENT IN MUST BE PAID FOR!

Entry Deadline:

Tuesday January 29th, 2008 (By mail, e-mail, or fax) by 9:00pm E.S.T.
Wednesday, January 30th, 2008 (deadline for Hy-tek entries) by 5:00pm

Entries:

Preferred method of submitting entries is electronically using Hy-tek Team Manager (Lite). Please email for the appropriate files and instructions.

Complete the Entry Form: Please include event and event number for each athlete. See example. Send entries and entry fee to:

Colin Inglis

York University
School of Kinesiology and Health Science
210A Stong College, 4700 Keele Street Toronto, ON M3J 1P3

Phone: 416-736-2100 Ext. 44669 Fax: 416-736-5702
e-mail: cinglis@yorku.ca

Team Packages: Are to be picked up upstairs by coaches only. Packages will only be handed out once team has paid for their entries in full. Athletes will only gain entry to facility by showing their competitor number.

Scratches: Please make all scratches on the scratch form located in your package when you arrive in the centre and return this form to the results table located at the 60m finish line.

Results: Will be posted at the following website: www.sport.yorku.ca/interuniversity_sport/teams/track_field/index.asp

Starting Heights: PV: 3:50m - Men's 2.20m - Women's
HJ: 1.70m - Men's 1.40m - Women's

LJ Standards: Athletes 1st legal jump will be measured and further jumps must achieve the minimum standard: Women 4.00m
Men 5.30m

Implements: We will weigh implements 1 hour prior to the start of the event at the competition area.

Open Standards: These standards must be achieved in 2008 by non-university athletes to be eligible to compete in this meet.

| Event | Women | Men |
|--------------|--------------|------------|
| 60m | 8.60 | 7.40 |
| 300m | 43.90 | 37.50 |
| 600m | 1:41.00 | 1:26.00 |
| 1000m | 3:08.00 | 2:34.00 |
| 1500m | 4:55.00 | 4:10.00 |
| 3000m | 10:35.00 | 9:05.00 |
| 60mH | 9.60 | 8.90 |
| High Jump | 1.55 | 1.90 |
| Pole Vault | 3.00 | 4.10 |
| Long Jump | 5.00 | 6.10 |
| Triple Jump | 10.50 | 13.40 |
| Shot Put | 10.20 | 13.00 |
| Weight Throw | 12.00 | 13.50 |

YORK UNIVERSITY TRACK & FIELD CLASSIC

February 2nd, 2008

TENTATIVE SCHEDULE OF EVENTS

FINAL SCHEDULE TO BE POSTED AT THE MEET

Track Events

| <u>Straight</u> | | | <u>Oval</u> | | |
|-----------------|-------------|-------------|-------------|-------|-------|
| 10:30 | 60m Heats | Men | 10:30 | 1000m | Men |
| 11:15 | 60m Heats | Women | 11:00 | 1000m | Women |
| 12:00 | 60m Hurdles | Men | 11:20 | 3000m | Men |
| 12:30 | 60m Hurdles | Women | 11:45 | 3000m | Women |
| 12:50 | 60m Final | Men (A&B) | 12:00 | 300m | Men |
| 1:05 | 60m Final | Women (A&B) | 12:35 | 300m | Women |
| 1:20 | 60m Hurdles | Final Women | 1:15 | 600m | Men |
| 1:35 | 60m Hurdles | Final Men | 1:35 | 600m | Women |

BREAK

| | | |
|------|----------|-------|
| 2:45 | 4 x 200m | Women |
| 2:50 | 4 x 200m | Men |
| 3:10 | 1500m | Women |
| 3:30 | 1500m | Men |
| 3:50 | 4 x 400m | Women |
| 4:10 | 4 x 400m | Men |
| 4:30 | 4 x 800m | Women |
| 5:00 | 4 x 800m | Men |

Field Events

| | | |
|-------|--------------|-----------------------|
| 9:00 | Weight Throw | Men (Women to follow) |
| 11:00 | Shot Put | Men |
| 11:00 | Long Jump | Men |
| 11:00 | Pole Vault | Women |
| 11:15 | High Jump | Men |
| 1:00 | Long Jump | Women |
| 1:30 | Pole Vault | Men |
| 2:00 | Shot Put | Women |
| 2:00 | High Jump | Women |
| 2:30 | Triple Jump | Men |
| 3:45 | Triple Jump | Women |

Note: All timed sections will be run from slow to fast.