



On the road to reversing the impact of diabetes.

Have you got your running shoes ready?

Thank you for joining us on the road to better health for the 9 million Canadians living with diabetes and pre-diabetes.



Proceeds and pledges





The **SudburyROCKS!!! Race, Run or Walk for Diabetes** supports research and local programs of the Canadian Diabetes Association.

Through the generosity of volunteers, donors and supporters like you, the Canadian Diabetes Association is able to provide research support, outstanding programs, advocacy and valuable services to people living with diabetes.

Visit diabetes.ca for more information about diabetes.



How does my donation help?

-  **\$50** provides a full day of training for two volunteers who help educate and raise awareness of diabetes.
-  **\$100** allows a trained diabetes advocate to meet with a government official to ask for increased support for people with diabetes.
-  **\$200** sends a child to one of our diabetes summer camps for one day.
-  **\$500** pays for 20 hours of world-class diabetes research, bringing us closer to a cure every day.

Thank you for helping the Canadian Diabetes Association
to reverse the impact of diabetes.

