

# In and Around the Community

## ONTARIO REGION

### Sudbury Rocks!!

### Race, Run or Walk for Diabetes

Enthusiastic volunteers from the ING Insurance/Ross, Beaton, Vendetti Insurance Brokers team spent a cold, wet May 7 handing out refreshments to the runners and walkers in Sudbury Rocks!!, a marathon that raised more than \$40,000 for the Canadian Diabetes Association. As a Silver Level sponsor for the event, ING and the brokerage donated \$500 and had the privilege of organizing the only on-course "Corporate" water station. ING



also donated a \$300 mountain bike to the child who collected the most pledges.

Special thanks to the ING water-station crew: Ed Dubie, Tony Falvo, Mark Borgogelli, Arlene Byrnes, Eleanor Rabb, Sue St. Amour, Gil Dureau, Debbie Young, Judy Dupont, and Pauline Thorpe.

"You can imagine how important a water station is in a marathon," said

ING's Lisa Pawluk, who coordinated the event for the Sudbury office. "We had to guarantee a minimum of 15 volunteers starting at 6:00 a.m. Teamed up with our broker, 22 volunteers showed up!"

Broker Dave Ross of Ross, Beaton, Vendetti initiated the joint sponsorship to support the Diabetes Association and help promote healthy living in Sudbury. He also used the event as training for the ING Ottawa Half Marathon on May 28!

## Relay For Life Celebrates HOPE



A huge team of supporters showed up at the Canadian Cancer Society's Relay For Life to celebrate and provide heartfelt support for London Region employee Madalena Parabem's valiant fight against cancer. Held in the TD Waterhouse Stadium at the University of Western Ontario in London

## ATLANTIC REGION

### Good time Buddy "Yup,

The third annual Blue Marathon in Halifax had athletes "carbing up" Party (co-sponsored by Macdonald Chisholm-Saturday, May 20, before Sunday.



From left: Some members of team, Sarah Giffin, Lynn Moore with marathon mascot Blue Party, the evening before the

"The dinner is a fun, marathon," said Bill M Insurance's Regional S Atlantic, and ING's rel