

NICKEL CITY TRIATHLON TEAM YOUTH TRIATHLON PROGRAM



nickelcity triathlon team

OPEN REGISTRATION NIGHT! LU ATHLETICS BUILDING (KEN BAHNUK LOUNGE) WEDNESDAY JUNE 11 - 4:00 TO 7:00 PM

STROKE, SPIN, STRIDE! THIS SUMMER - GIVE IT A "TRI"!

Our 10-week YOUTH Triathlon Program has been developed using Sport Canada's Long Term Athlete Development Model as well as Triathlon Canada's Kids Of Steel (KOS) multisport series. Youth will have a 'blast' with our FUN FOCUSED & SAFE program training sessions. All participants will have the opportunity to work with our team of high-caliber coaches, renowned multisport athletes, and professional guest presenters. Have the 'TRI' of your life - learn & train with NCTT's '08 Youth Program!

**YOUTH
10-17**

For more information please inquire at rm_smith@laurentian.ca or visit our website at nickelcitytri.com