

## NCCP Coaching Certification Courses

### NCCP - INTRO TO COMPETITION PART A

NCP 1000 (non-credit)

This is the first course of the Competition stream, Introduction context component of the new NCCP structure. Part A is a series of modules for coaches who train children and/or adolescents on basic sport skills and athletic abilities in a fun and safe environment typically preparing them for local and/or regional level competitions. Modules covered: General Orientation; Ethical Coaching; Planning a Practice and Nutritional Advice.

Note: Part A and Part B are offered in modular format; therefore, Part B can be done before Part A.

Note: The minimum age is 16. Individuals under age 19 must contact the Coordinator prior to registering.

Seminar/Workshop

Tuition: \$95.00

Supplies: \$51.95

GST: \$8.82

Total fee: \$155.77

Sat. & Sun., 9:00-16:30, starting Oct. 13 for 02 days at Barrydowne.

Course computer number: 139800

Sat. & Sun., 9:00-16:30, starting Nov. 03 for 02 days at Barrydowne.

Course computer number: 139801

### NCCP - INTRO TO COMPETITION PART B

NCP 1300 (non-credit)

This is the second course of the Competition stream, Introduction context component of the new NCCP structure. Part B is a series of modules for coaches who train children and/or adolescents on basic sport skills and athletic abilities in a fun and safe environment typically preparing them for local and/or regional level competitions. Modules covered: General Orientation; Program Design; Teaching/Learning and Mental Preparation.

Note: Part A and Part B are offered in modular format; therefore, Part B can be done before Part A.

Note: The minimum age is 16. Individuals under 19 years must contact the Coordinator prior to registering.

Seminar/Workshop

Tuition: \$95.00

Supplies: \$51.95

GST: \$8.82

Total fee: \$155.77

Sat. & Sun., 9:00-16:30, starting Oct. 20 for 02 days at Barrydowne.

Course computer number: 139900

Sat. & Sun., 9:00-16:30, starting Nov. 17 for 02 days at Barrydowne.

Course computer number: 139901

***For further information / registration:***

*Call us : 705 560-0330*

*Or visit our website :*

***[www.cambriancollege.ca/continuing](http://www.cambriancollege.ca/continuing)***

NCCP - LEVEL 3 THEORY (sponsored by CAO—Quest for Gold)

NCP 1400 (non-credit)

This course integrates material covered in Part A & B (old Level 1 & 2) with new information aimed at completing the coach of developing athletes. The goal of the Level 3 course is to train coaches to plan a year of training and competition. In support of that goal the course covers the following topics: planning; coaching conduct and ethics; leadership; retirement from sport; the development of skills; the analysis of skills; mental training; and physical preparation.

Note: This course is taught in two weekend sessions with a 1-week break between sessions.

Prerequisites: NCP1000 and NCP1300

Fee: \$25

Sat. & Sun., 9:00-17:00, starting Nov. 10 for 03 weeks at Barrydowne.

**\* To register for this course —Please contact the Ontario Coaches Assoc. (CAO)**



