

ING NEW YORK CITY MARATHON

PREMIER EVENT OF NEW YORK ROAD RUNNERS

Throughout its history, the marathon has symbolized the triumph of the human spirit & individual achievement. Be part of the tradition on Sunday November 6, 2005 by joining in the 36th running of the world's most celebrated road race, the ING New York City Marathon.

The marathon takes you through the streets of New York's five boroughs: Staten Island, Brooklyn, Queens, the Bronx, and Manhattan. The course unites dozens of culturally and ethnically diverse neighborhoods, passing over bridges, dodging a few potholes, and finishing up at Tavern on the Green in world-famous Central Park. The ING New York City Marathon continues to challenge thousands of athletes every year, and has become a model for big-city marathon courses around the world.

GUARANTEED ENTRY PACKAGES. Our travel packages **INCLUDE** guaranteed Marathon entry. Our packages are flexible and we are happy to customize a package to suit your needs. All rates are in **Canadian Dollars** and are **per person**

ENTRY ONLY—We cannot provide just Guaranteed Entry due to our contractual agreement with the NYRR. **Please don't ask for Entry alone.**

Included in Your Race Entry Fee

- ◆ Entry to the 2005 ING New York City Marathon (time limit: 8½ hours from the main start), including hydration and fuel stations, medical support, entertainment, baggage handling, security, the most enthusiastic race spectators anywhere, and more.
- ◆ ING New York City Marathon Health and Fitness Expo presented by Q104.3 FM
- ◆ Barilla Marathon Eve Dinner
- ◆ Fireworks presented by Poland Springs
- ◆ For international entrants, Continental Airlines International Friendship Run
- ◆ Official Participant Handbook
- ◆ Web site loaded with information, inspiration, and tips
- ◆ Goody bag, including Official Program, souvenir shirt, race poster, snacks, and special offers
- ◆ Start festival: breakfast, warm-ups, entertainment, religious services
- ◆ Finisher materials: medal, food & beverages, Continental Airlines/Foot Locker Heat Sheet
- ◆ Family reunion area where marathoners and their fans reunite
- ◆ Official Finisher Certificate

All participants travelling with us also receive **Official Marathon Bus Transportation** to the Starting line.

Buses leave from three locations:

In Manhattan from the New York Public Library, 42nd Street and Fifth Avenue, 5:00-7:00 a.m.

Lower Manhattan from near Battery Park 5:00 – 7:00 am

In New Jersey from the Continental Airlines Arena, Meadowlands Sports Complex, 6:00-7:30 a.m.

DEADLINE: Official Guaranteed Entry deadline is **June 1, 2005**. Guaranteed entry positions are available on a first-come, first served basis.

NON ENTRANTS/SUPPORTERS: Deduct \$310 from any of our packages. Child rates may be available, ask for details.



Courtesy of New York Road Runners

HOTELS

We are holding group space at these hotels. Space is limited so please book early for the best selection.

HOTEL BELVEDERE. RATING: 2 DIAMOND. The Hotel Belvedere is on West 48th Street, between 8th and 9th Avenues and within walking distance of many Manhattan attractions including Times Square, Rockefeller Center, Radio City Music Hall, Central Park, 5th Avenue and restaurant row (2 blocks away). The Belvedere's 400 boutique style rooms provide charm and understated elegance. All rooms feature kitchenettes with microwave, refrigerator, coffee maker; personal safes, full sized irons and ironing boards, shower massagers, hair dryers and modem ready phones with voice mail. The Hotel Belvedere is 11 miles from LaGuardia Airport.

BEST WESTERN PRESIDENT. RATING: 2 DIAMOND. 234 West 48th Street, New York City. Good-standard choice located 500 Yds North of Times Square, just off Broadway and across from the Belvedere. Traditional 15-storey high-rise of red brick and limestone (1920s). Shops, restaurants and theatres all close by. Guest rooms feature: Cable television with in room movies available, Two line phones, Voice messaging, Data ports, Large desk area, New bathrooms with hairdryer, shaving/make-up mirror and upgraded amenities.

ROOSEVELT HOTEL. RATING: 3 DIAMOND Located in the heart of midtown Manhattan at Madison & 45th. The Roosevelt Hotel is situated right where the business district meets the theatre and 5th Avenue shopping districts, giving you the freedom to walk to Rockefeller Center, the Metropolitan Museum of Art and scores of other famous New York City attractions. Each of the 1,013 luxurious guest rooms have classic furnishings and all the modern conveniences of today such as dual telephone lines with voice mail and data port capabilities. Individual climate control, cable television with in-room movies and hairdryers, irons and boards assure you have all the comforts of home.

MARRIOTT MARQUIS. RATING: 3 DIAMOND. Located in the heart of Times Square at Broadway and 46th, this contemporary hotel offers a perfect location for dining, shopping and sightseeing. Each guestroom features in-room safe, coffee/tea maker, television and climate-control. The hotel has a fitness centre and 6 restaurants.

THE ESSEX HOUSE. RATING: 4 DIAMOND. Located at 160 Central Park South, the Westin Essex House is an historic hotel surrounding guests with distinctive luxury and gilded elegance. Recently named to 'Travel & Leisure's' top 500 hotels in the World in 2004, the Westin Essex House continues to be recognized as one of the finest hotels in the world. Guestrooms are decorated in Art-Deco style and feature Westin's signature 'Heavenly beds', dual-line speaker phone, high speed Internet access, mini bar and much more. The hotel has a 5 star restaurant and fitness and health spa. Our rooms all have views of Central Park and queen size beds.

THE BEDFORD HOTEL. NOT RATED— Centrally located on 40th Street between Park & Lexington in the heart of midtown Manhattan. One bedroom suites accommodate up to 4 comfortably and feature pantries with microwave ovens and coffee/tea makers as well as in-room safes, voicemail, data port, iron and hair dryer.

Courtesy of New York Road Runners



PACKAGE #1—FLIGHT, 3 NIGHTS HOTEL & GUARANTEED ENTRY

Prices are per person based on two sharing a room. All rates are in Canadian Dollars.

DEPARTURE CITY	BELVEDERE HOTEL	BEST WESTERN PRESIDENT	HOTEL ROOSEVELT	MARRIOTT MARQUIS	ESSEX HOUSE	BEDFORD 1 BED-ROOM SUITE
HALIFAX Continental Airlines	\$1689	\$1709 Double bed \$1739 Queen bed \$1759 King bed	\$1749	\$1959	\$2139	\$1819
MONTREAL Air Canada	\$1559	\$1579 Double bed \$1609 Queen bed \$1629 King bed	\$1619	\$1829	\$2009	\$1689
OTTAWA Air Canada	\$1569	\$1589 Double bed \$1619 Queen bed \$1639 King bed	\$1629	\$1839	\$2019	\$1699
TORONTO Air Canada	\$1559	\$1579 Double bed \$1609 Queen bed \$1629 King bed	\$1619	\$1829	\$2009	\$1689
WINNIPEG Air Canada	\$1699	\$1719 Double bed \$1749 Queen bed \$1769 King bed	\$1759	\$1969	\$2149	\$1829
CALGARY & EDMONTON	\$1799	\$1819 Double bed \$1849 Queen bed \$1869 King bed	\$1859	\$2069	\$2249	\$1929
VANCOUVER Cathay Pacific	\$1689	\$1709 Double bed \$1739 Queen bed \$1749 King bed	\$1749	\$1959	\$2139	\$1819
Singles Add	\$480	\$470 Double bed \$490 Queen bed \$520 King bed	\$630	\$700	\$720	N/A
Triple Deduct	\$50	N/A	\$60	\$100	N/A	\$200
Quad Deduct	\$100	N/A	\$120	\$200	N/A	\$300

See Package #2 for flight times Space is limited and flight times are subject to change. Flight deviations are accepted and are based on space and price availability at time of booking. OTHER CITIES: Please call for a quote if you are flying from another City. We will be happy to customize a package to suit your needs.

PACKAGE #1 INCLUDES:

Return Flights
3 nights accommodation at selected hotel
Hotel and occupancy taxes
Guaranteed Entry in the 2005 ING New York City Marathon
Bus transportation to the Marathon start.

NOT INCLUDED:

Transportation from Airport to Manhattan.
Air Taxes, vary depending on departure city and range from 100.00 —140.00
Travel Insurance

PAYMENT SCHEDULE FOR PACKAGE #1

DEPOSIT: \$550.00

FINAL PAYMENT: Due prior to July18,2005

NON ENTRANTS: Deduct \$310.00 from above prices



Courtesy of New York Road Runners

BEST VALUE

PACKAGE #2 - FLIGHT & GUARANTEED ENTRY

For those who have a place to stay in New York.

Space is limited and flight times are subject to change. Flight and date deviations from these group flights are allowed and are based on space and price availability at time of booking. Prices may differ. Rates are in Canadian Dollars and do not include tax.

CITY	DATE	DEPARTURE TIME	ARRIVAL IN NY	COST
HALIFAX Continental Airlines	November 4 November 7	9:15 am non-stop 5:35pm non-stop	10:34am (Newark) 8:27pm	\$995
MONTREAL Air Canada	November 4 November 7	9:00am non-stop 11:00am non-stop	10:20am 12:30pm	\$875
OTTAWA Air Canada	November 4 November 7	6:30am non-stop 4:00pm non-stop	7:53am 5:26pm	\$885
TORONTO Air Canada	November 4 November 7	9:15am non-stop 3:30pm non-stop	10:41am 5:03pm	\$875
WINNIPEG Air Canada	November 4 November 7	8:00am via Toronto 1:30pm via Toronto	2:55pm 5:56pm	\$1035
CALGARY Air Canada	November 4 November 7	7:25am via Toronto 3:00pm via Toronto	3:23pm 8:38pm	\$1095
EDMONTON Air Canada	November 4 November 7	8:20am via Ottawa 3:00pm via Toronto	7:23pm 8:57pm	\$1095
VANCOUVER Cathay Pacific	November 4 November 7	11:55am non-stop 9:30pm non-stop	7:55pm 12:35 am (Nov 8)	\$995

OTHER CITIES: Please call for a quote if you are flying from another City. We will be happy to customize a package to suit your needs.

PACKAGE #2 INCLUDES:

Return airfare
Guaranteed entry in the 2005 ING New York City Marathon
Bus transportation to the Marathon start.

NOT INCLUDED:

Transportation from Airport to Manhattan.
Air Taxes, vary depending on departure city and range from 100.00 —140.00
Travel Insurance

PAYMENT SCHEDULE FOR PACKAGE #2:

DEPOSIT: \$550.00 per person due with application

FINAL PAYMENT: Due prior to July 18, 2005

NON ENTRANTS: Deduct \$310.00 from above prices



Courtesy of New York Road Runners

PACKAGE #3
MOTORCOACH, HOTEL and GUARANTEED ENTRY
November 4-7, 2005

This is a great economical package departing by deluxe highway motorcoach from southern Ontario. We will have our own private motorcoach with reclining seats, picture windows, washroom and Stereo/VCR. The tour is hosted by the amazing Dave McConkey, who has lead many great marathon trips including Boston, New York, Chicago, Dublin, Athens and more. Our hotel is the Sheraton Four Points in Elizabeth, New Jersey. Recently renovated and conveniently located ½ mile from Newark International Airport and 15 miles from Central Park. The Four Points by Sheraton Newark Airport features 260 well-appointed guest rooms, restaurant and lounge, a fitness center and indoor and outdoor pools, as well as complimentary airport shuttle service.



Courtesy of New York Road Runners

We depart from southern Ontario early on the morning of November 4 and return in the evening of November 7. Please request motorcoach pick up from a city/town located along highway 401 between Mississauga & Kingston. Our motorcoach stays with us during our stay in New York and will be used to get you back and forth from Manhattan for race-kit pick-up, sightseeing, Friendship Run, Pasta Party and Race Day.

Tour Host Dave McConkey, T-705-748-5473 sunshyne@nexicom.net

INCLUDED: Deluxe Highway Motorcoach Transportation
3 nights accommodation at the Sheraton Four Points
Hotel Taxes and U.S. exchange
Guaranteed Entry into the 2005 ING New York City Marathon
Marathon bus to race start
Welcome Dinner on Friday

NOT INCLUDED: Travel Insurance.

COST PER PERSON: \$889 based on two sharing a room
\$859 based on three sharing a room
\$829 based on four sharing a room
\$1119 based on a single room.

VARIATIONS:

Three nights Hotel and Guaranteed Entry: \$689 per person based on two sharing a room
(transportation not included) \$659 per person based on three sharing a room
\$629 per person based on four sharing a room
\$919 per person based on a single room

Motorcoach and Guaranteed Entry: \$599 per person. (hotel not included)

PAYMENT SCHEDULE FOR PACKAGE #3:

DEPOSIT: \$500.00 per person at time of application

FINAL PAYMENT: Due July 18, 2005.

NON ENTRANTS: Deduct \$310.00 from above prices

**PACKAGE #4—HOTEL & GUARANTEED ENTRY—3 NIGHTS
November 4—7, 2005**

For those with their own transportation to NY. Double rooms have one or two doubles or queen size bed.
Triple & Quad rooms have two beds in the room.

HOTEL	SINGLE One per room	DOUBLE Two per room	TRIPLE Three per room	QUAD Four per room
BELVEDERE 1 or 2 beds	\$1589	\$1029	\$979	\$929
BEST WESTERN PRESIDENT	\$1599 double bed \$1649 queen bed \$1699 king bed	\$1049 double bed \$1079 1 queen bed \$1099 1 king bed \$1099 2 twin beds	N/A	N/A
ROOSEVELT 1 or 2 beds	\$1789	\$1089	\$1029	\$969
MARRIOTT MAR- QUIS 1 or 2 beds	\$1999	\$1299	\$1199	\$1099
ESSEX HOUSE 1 queen bed	\$2199	\$1479	N/A	N/A
BEDFORD HOTEL 1 BEDROOM SUITE	N/A	\$1159	\$959.00	\$859

PACKAGE #4 INCLUDES: 3 nights accommodation
Hotel Taxes and U.S. exchange
Guaranteed Entry into the 2005 ING New York City Marathon
Marathon bus to race start

NOT INCLUDED: Travel Insurance.
Transportation to NY

PAYMENT SCHEDULE FOR PACKAGE #4:

DEPOSIT: \$550.00 per person at time of application
FINAL PAYMENT: Due July 18, 2005.
NON ENTRANTS: Deduct \$310.00 from above prices



IMPORTANT INFORMATION TO KNOW BEFORE YOU BOOK:

DEADLINE:

Official Guaranteed Entry deadline is June 1, 2005. Guaranteed entries are distributed on a first come/first served basis.

CUSTOMIZED PACKAGES:

Customized packages are available, call for custom quote based on your particular needs. Payment schedules for customized packages will vary and depends on the suppliers terms and conditions. You will be advised of the payment schedule when booking your trip.

ChampionChip® Deposit/Purchase

US\$35

If you already own a ChampionChip and want to use it for this race, enter your chip number on the race application and do not submit a deposit. Otherwise, you must include a credit card number for a \$35 deposit (the cost of the chip); you will receive your chip when you pick up your race number at the ING New York City Marathon Health and Fitness Expo. This deposit will only be processed if you fail to return your chip within two weeks following the race.

New York Runner Results Magazine (optional)

International Residents US\$12

Order the results magazine for marathon coverage and a listing of all official finishers

ELIGIBILITY Guaranteed entry packages can only be purchased by those who are full-time residents of Canada. You do not have to be a Canadian Citizen. Anyone who will be 18 or older on Sunday, November 6, 2005, may apply for entry.

LOTTERY ENTRIES: A small portion of International entrants may obtain New York Marathon Entry through the lottery system. The lottery results will be available in mid-May. Refunds for Guaranteed Entry packages will not be made to those who qualify through the lottery. **Please do not send us your entry if you are trying to get in through the lottery.**

DEFERRED ENTRIES: When booking through a Tour Operator, you **cannot** defer your ING New York City Marathon entry to 2006 if you have to cancel.

TERMS & CONDITIONS

It is your responsibility to read and understand the following terms and conditions. Please contact us immediately if you have any questions or need clarification.

CANCELLATION PENALTY: All money paid to Thomas Cook Travel is non-refundable, no exceptions for any reason. We offer and recommend you purchase Cancellation Insurance to cover you for this non-refundable amount. Once you have been accepted into the ING New York City Marathon, all fees are NONREFUNDABLE, under all circumstances.

TRAVEL INSURANCE: Cancellation Insurance is optional and can only be purchased at time of deposit. It cannot be added later. Insurance rates vary according to the price of your package, you will be quoted a rate when you book the trip. Travel Insurance is essential for your own protection. Please read the attached file entitled "RBC Insurance" for more information. NOTE: Cancellation Insurance will NOT cover you if you cancel due to a running injury which prevents you from RUNNING the marathon. The insurance only covers you if you CANNOT TRAVEL due to your injury.

CHANGES: If you decide to change your booking or any part of it once it has been confirmed and prior to 8 weeks before departure, a \$50.00 administration fee per change will be charged. In addition you are responsible for any increase in fares/rates because of this change. Changes will not be accepted within 8 weeks of departure and will be treated as a cancellation.

PAYMENTS: Please carefully follow payment dates set out for each package. Payment **not received** by the due date will result in **automatic cancellation** of your booking and guaranteed entry. **If paying by credit card, your final payment will be automatically applied to that card on the due date.**

CREDIT CARDS ACCEPTED: Visa or MasterCard. **Your credit card must have an expiry date of July 2005 or later.**

RESPONSIBILITY: Thomas Cook Travel, Ontario Travel Industry Reg. #95616114 is a travel organizer only and does not control or operate any transportation company, hotel or attraction and therefore cannot be held responsible for any injury, death, loss or damage which is caused by the acts or omissions of these suppliers. All information contained herein is accurate at time of printing (February 21, 2005) and is subject to change due to circumstances beyond our control. Rates are subject to change (you will be offered a refund if increase is more than 7%) and reservations are based on availability. Space is limited. Thomas Cook Travel is a full-service Travel Agency specializing in Air, Cruise, Package, Rail and Group Vacations. Please contact our professional Travel Consultants for all your travel needs.

New York Road Runners reserves the right to reject any entry and to disqualify and bar any individual from the race. This rejection/disqualification may be based on, but is not limited to: non-payment of race fees; competing with an unofficial number; competing with an official number or chip assigned to another competitor; transferring or attempting to transfer an official number or chip to another person; crossing the finish line without having completed the entire course; and providing false information on race entry forms. New York Road Runners reserves the right to change the details of the race

For more information please contact :

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